

STEPPING STONES

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In Japan, the stepping stones in a garden are spaced far enough apart so that each step must be taken carefully, one by one. As you look down to cross safely, you see in the water the reflections of the clouds and the trees above. Your attention is focussed from the broad view of the garden to the detail of the immediate footstep and the mirror of the sky. . . . When your footing is again secure you look up to find yourself in a new place.